



Breast Lumpectomy

Surgical Date:

Time:

Location:

The hospital or surgery center will contact you prior to surgery with all pre-operative instructions.

Post-Operative Instructions

Below is a list of answers to commonly asked questions our patients have after breast surgery. This list is meant to help you understand your recovery. Each patient has a different experience, so these guidelines are general in nature.

1. **Pain:** A lumpectomy usually result in mild to moderate pain for one to two days. Take the pain medication as prescribed. Avoid Aspirin. If the pain is minimal regular Tylenol or no medication is fine. If the pain is severe, please call me for advice. Applying ice anytime within 24 to 48 hours after surgery may help.
2. **Wound:** Remove your outer bandage 24 hours after surgery. Leave the small strips in place (steri-strips). You may shower 48 hours after surgery.
3. **Clothing:** You should wear a support or athletic bra for the first 24 hours (day and night) after surgery. After this wear a bra during waking hours for the first week.
4. You should make a postoperative appointment 1 week after your surgery or release date from hospital at 922-8222.
5. If you have any questions or concerns, please feel free to call my office at 922-8222.